



JOURNEYS BY ALILA

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The “Journeys by Alila” are a series of customised activities exclusively offered at all Alila Villas properties, which are designed to integrate indigenous nature, traditional culture and local community for an unparalleled guest experience. On offer at Alila Villas Soori are full-day and half-day bespoke experiences which focus on spa and wellness, Balinese culture, arts and crafts as well as environmentally conscious excursions.

A total of 11 varied options have been created for the Alila Villas Soori ‘Journeys by Alila’. Here are the highlights...

### ALILA VILLAS SOORI EXCLUSIVE JOURNEYS

#### **All About Rice**

This full-day journey will take a fascinating look at how rice is cultivated, its religious significance, and how rice culture – planting, growing and harvesting – is linked to temple ceremonies. To the Balinese, rice is a direct gift from God, and consequently is treated with the utmost care and respect. The journey begins with a visit to Subak museum and a tour in the vicinity of the museum itself, including a prototype of a man-made tunnel into a rock, and a traditional house. This is followed by some activities related to rice farming at Taman Buwana Farm. Lunch will be served in a typical Balinese compound. Continued with making offerings, a walk along the padi fields and terraces, and ending with a stop at Pura Penawangan for an insight into the blessing ritual.

Full day p/person | 1000

#### **Journey of Equestrian Adventure**

Located just a few minutes down the shore is a well run stable on the coast at the seaside village of Yeh Gangga. The journey begins in the afternoon with an introduction of how horses came to Bali hundreds of years ago and how they became pivotal to the life of Balinese Royal family and its chevaliers during the reign of Majapahit Kingdom. The horses will be waiting in front of your villa or on the beach for you to set off on a ride along the beach. You will be taken through small village paths to have a glimpse of the Balinese village life, then back to the beach towards the peninsula, stopping at Pura Merajapati before climbing up the peninsula. At the top of the hill, beside the Timan Agung Temple, you can marvel at the beauty of the West Bali coastline in time for sunset, while sipping on champagne.

Half day p/person | 1000

### **Journey of Culinary Delight**

This half-day journey will start off with an early morning breakfast, followed by a trip to the local traditional market in Kerambitan. This kind of market really showcases the daily morning activities of the local community making preparations for their meals. Here you will find everything from exotic fruits, vegetables, spices and fish to flowers and all the essential elements for *canang*, the daily offerings. You will be accompanied by the Chef who will recommend some basic recipes for local dishes and, together with you, will select the finest local ingredients which are fresh and locally produced. After shopping at the market you will be invited to the open air kitchen at Coast to join in preparing a local dish with the Chef. Once the cooking is completed, you can savour your culinary efforts at Coast.

Half day p/person | 700

### **Journey of Discovery**

For sporty and adventurer types, this full-day journey provides an exhilarating opportunity to absorb the splendour of Bali's nature while enjoying thrilling rides across padi fields and terraces, flowing mountain streams and luscious forestry around the foot of remarkable Batukaru Mountain. A soothing and peaceful lunch will be served amongst the fantastic scenery of Jatiluwih rice terraces before you embark on a water fun venture. Upon arriving back at your villa, you will be welcomed with a 60-minute reflexology massage in the privacy of your villa or on the beach.

Full day p/person | 1250

### **A Day with an Artisan**

Spend the day with a local artist, learning about and trying your hand at painting and crafts. This journey can be completed in the comfort and privacy of your villa or in any of the resort's picturesque locations. Lunch will be arranged either in your own villa or at Cotta.

Half day p/person | 700

### **Journey of the Gods**

This magical one-day journey commences with a visit to one of the nearest temples to Alila Villas Soori – Pura Penarukan. Then it's on to one of the most holy sites in Kerambitan, Pura Ulun Suwi, followed by a stop at Alas Kedaton. Next on the journey is the beautiful Pura Taman Ayun, here you will enjoy a picnic lunch in one of their bales. Of course, a quest of West Balinese temples would not be complete without Tanah Lot. Perched on a huge rock offshore, this temple was built in the 15th century by the priest, Pedanda Bahu Rawuh, or Danghyang Nirartha, from Majapahit Kingdom. Your last call will be the dramatic temple Timan Agung on the peninsula in the vicinity of the resort, where you will be welcomed with cocktails and canapés which you can enjoy while gazing upon the most scenic sunset on the horizon!

Full day p/person | 1000

### **Kopi Luwak Voyage**

A trip to Jatiluwih area where you will learn about the famed Kopi Luwak, see the entire making process and savour delicacies made of coffee. This journey will also take you along to explore a terraced cocoa plantation and discover many varieties of Balinese spices. You will be invited to enjoy a cup of coffee or tea in the afternoon while taking pleasure in the scenic views of the exquisite landscape of Tabanan Regency.

Half day p/person | 700

### **Exploring Kerambitan**

A half-day exploring the Kerambitan and Tabanan area, learning about its royal heritage and the typical life in the surrounding villages. The journey starts from a simple blacksmith, the making of terracotta earthenware, 'wayang' style artwork to a traditional salt making. Be taken on an experience where Bali's idyllic scenery and way of life are not only a part of your sightseeing tour, but you are instead immersed in what makes Bali truly magical.

Half day p/person | 700

### **Journeys of the Dancers**

Discover the history and meaning of different types of Balinese dance and learn to perform the movements yourself.

Half day p/person | 500

### **Soori Sunrise**

Spoil yourself to the perfect half day journey of physical rejuvenation, age old beauty therapies and healthy style living. Improve your balance, elevate your spirits and satisfy your pallet within this half day of Holistic nurturing and nutrients. Rise with the sun and welcome the morning as you breathe, stretch and balance your body with our yoga guru while overlooking spectacular rice fields and ocean views followed by a light healthy breakfast served to you in a location of choice. Indulge in 3 hours of Holistic Heaven with a compact combination of detoxifying and relaxing therapies.

Enjoy a signature footbath and a warm stone massage where heated river stones are used over the body in rhythmic flowing strokes to relieve tension and soothe emotions. They are also placed on various energy points to awaken the body's natural healing potential, leaving you calm and balanced.

A natural exfoliation of rice bran and coconut is then applied on a heated terrazzo rain shower bed allowing perfectly prepared pores to accept the next pampering step, a full body mask of cocoa, coffee and coconut. The body mask is removed with a steam shower in a mist of blended medicated oils that also open your lungs and open pores to assist in the detoxification process. Once smooth, taut and hydrated, be pampered with an Alila facial. An earthy base of red clay draws out impurities from the skin while skin toning essential oils within the clay are released. A combination of pressure point and lymphatic drainage massage techniques are applied ensuring your skin will look fresh and alive. The afternoon is complete with a divine two course lunch prepared by our Executive Chef in the dining location of your choice.

Half day p/person | 2500

### **Pampelicious (Afternoon Delight)**

Be treated to an eclectic collection of Asian rejuvenation therapies and healthy cuisine in this half-day wellness package, designed to restore balance, lift the spirits and delight your palate with wholesome goodness. Start the afternoon with a detoxifying Herbal Compress Massage, inspired by traditional Thai herbal compression treatment. A warm steamed compression parcel comprising 14 medicated herbal ingredients is applied to the whole body using an acupressure technique. The herbs help to increase one's energy, improve the immune system and lung function, while the acupressure stimulates blood circulation and unblocks energy pathways. We then select a body scrub suited to your needs and exfoliate your skin on our heated terrazzo rain shower beds, followed by a steam shower filled with fresh local herbs and essential oil aromas, which thicken the air with a heady and cleansing mist. Cool off with a cold rinse and electrolyte drink.

At sunset, our experienced yoga and meditation guru will take you through a sequence of fluent and deliberate movements to open your mind, loosen limbs, tone muscles and rejuvenate your soul. Then be spoilt with an intimate dinner for two of light, healthy and nutritious designer cuisine prepared by our Executive Chef. Finally, star gaze under the night sky as therapists apply thumb pressure to specific points on your feet to unblock energy flow and promote natural healing. A cup of chamomile tea is left at your bedside to bid you calm good night.

Half day p/person | 2600

## JOURNEYS FOR THE LITTLE ONES

Alila Villas Soori is a place where you will discover ultimate relaxation in serenity. Travelling as a family with the little ones does not mean that the opportunity to enjoy this tranquil west of the island is taken away from you.

Your peace of mind is assured at Alila Villas Soori as we provide babysitting services at only 100 an hour. Alternatively, there is a multitude of activities available to keep the children preoccupied with inspiring and enriching experiences, whether it is in the form of 'Adventure', 'Cultural' or purely 'Fun! Fun! Fun!'

Like the "Journeys by Alila", "Journeys for the Little Ones" are a series of customised activities exclusively offered at Alila Villas Soori, which are designed to focus on kids' interests by integrating indigenous nature, traditional Balinese culture and local community aspects for an unparalleled experience.

Let the little ones have fun and broaden their horizons while you are immersed in indulgence...

## ALILA VILLAS SOORI EXCLUSIVE JOURNEYS FOR THE LITTLE ONES

### **Journey of Indigenous Experience**

Exploring the village of Kelating, Tabanan regency, West Bali.

Engage in a traditional and agrarian Balinese children's favourite pastime. Enjoy a fun and insightful walk close to nature, with fresh air through vast spans of rice paddy fields of green and rippling *subak* irrigational streams. Find out about the farming of rice and meet local village farmers out and about in their daily chores. Have fun in the mud, get down and feel what it is to be close to nature. Did you know that chocolate grows on trees? Have you ever caught an eel with your bare hands?

Half day p/little one | 150

### **Journey of Cultural Enrichment**

Making Balinese traditional offerings Canang, Ketupat and flower garlands.

The Balinese are known for their vibrant and elaborate offerings, which are dominantly made from the natural sustainable materials of young coconut leaves. Let the little ones get the hang of the cutting, shaping, twisting, and stitching of the leaves as they transform them into elaborate forms. They will be creating various shapes of offerings in no time, easily, so they can show you and share with their friends back home on how the Balinese do it. A great experience for the little ones at honing their skills; a treat for the eyes and a wonderful sense of reward on successfully creating a masterpiece made up of sustainable materials.

Half day p/little one | 150

### **Journey of Little Soori Chef**

Cooking class with the Chef.

Get the Little Ones to don on an apron and chef's hat, and embark on a brief journey of fun, flavours, colours and creation in a session of cookie making and decorating with our Pastry Chef. They can find out about the choices of simple ingredients for their favourite cookie design, and with a bit of guidance from our chef, go on to create the best make, bake and take. Will it be a smiley with a choco-chip? Or perhaps a colourful one all covered with Smarties? All theirs to shape, create, and enjoy!

Half day p/little one | 250

### **Journey of Fun Fishing**

Fishing at a local fish pond.

Beyond the agrarian life, let the little ones have a go at the fishing rod and line, cast in, and be rewarded with their bounty catch of tropical freshwater tilapia or carp in the fish pond. Enjoy the outdoor experience, fit for the adventurous little ones.

Half day p/little one | 200

### **Journey of the Young Artisan**

Water colour painting with a local artisan.

For the little ones with a budding taste for art, this journey will take them to enhance their artistic skills under the guidance of a local artisan, who will show them the strokes and colours to transfer their choice of object or scenery onto paper or canvas. A great reward is a masterpiece created by their own little hands and unforgettable memories of the journey to West Bali.

Half day p/little one | 400

### **Let's Go Fly a Kite**

Traditional kite making and kite flying on the beach.

Bali is also known for its aviation – traditional kites! Discover the various forms of the traditional Balinese kite, from Bebean, Janggan or the simple Cotek. The little ones are encouraged to have a go at the tools and materials commonly used in creating these airborne masterpieces, and create their own. Head to the beach and call for the wind to let their creation soar in the Kelating skies.

Half day p/little one | 200

### **Journey of Beautiful Butterflies**

Journey to a World of Butterflies.

The little ones can enjoy a walk through a tropical habitat and study the ecosystem, breeding and protection of butterflies. They can watch various colourful and exotic species of butterflies, including the rare Bird Wing Butterfly. Our Leisure Concierge will give them lots of information about how to conserve them and before leaving, find their preserved specimen to admire and take home.

Half day p/little one | 500

For any assistance, please call your host. Dial "0" from your phone.  
Prices are in thousand Rupiah and subject to 21% tax and service charge.

### **Journey of the Dancing Balinese Princess**

Dancing lessons and dress up as a true Balinese princess.

Make the little ones' dream come true, and find themselves living a Balinese fairytale. Dress up as a Balinese princess or discover the eloquent moves of different forms of traditional Balinese dances. They can flex with the typical gaits, steps, arches, and 'lightning' glances, and striking hand gestures of the Balinese dancer. They can show off the colourful costumes and amazing moves to you after their rehearsals.

Half day p/little one | 500

### **Journey of Musical Youth**

Learning to play traditional Balinese musical instrument.

Likewise, the little ones can discover another integral part of Balinese performing arts. Let them learn the different musical notes traditional Balinese music incorporates, and find out how to play the various traditional gamelan instruments. Beat along with the energetic *kendang* drum and gong, or clang away to the rhythms with the *kenceng* cymbals. They can form a troupe with friends and jam along for a memorable traditional Balinese music session.

Half day p/little one | 300

### **A Lotta Terracotta**

Make special gifts from terracotta at Pejaten village.

Find out how the traditional earthenware and clay items are made. Experience a hands-on journey for the day beyond play, with clay... Get busy at the turntables to create, colour or decorate their favourite terracotta items, from mugs to scale model houses, or whatever their creativity have unleashed – all done with a visit to a local craftsman from the village of Pejaten, the hub of Bali's terracotta industry.

Full day p/little one | 450

Prices are in thousand Rupiah and subject to 21% tax and service charge.

## FREE JOURNEYS

### **Build a Sand Castle**

Get busy and squeeze, sculpt and shape out that creativity. Sand castles are simple, fun, but there are also sand sculptures that equal masterpieces... they can create their own!

### **Feeding Horses at the Stable**

A simple equestrian journey for animal loving little ones. Visit the nearby stable and get close to feed the horses. Great experience and insight for the younger little ones.

### **Exploring the Peninsula**

For our adventurous little ones, they can head out to see the surroundings and explore the peninsula under the supervision of our Leisure Concierge. The best way to build self esteem and a sense of bearings is to go out and find out.

### **Dare the Bat Cave**

If the Peninsula is not daring enough, let's see if the little ones have the courage to meet these little creatures in their own habitat.

### **Treasure Hunt**

Hidden treasures are all around the resort, the little ones will roam around freely and discover goodies in fun and challenging places.

### **Searching Sea Shells on the Sea Shore**

A fun activity along the beach of Kelating, you'll be surprised with what kind of treasures can be found by just strolling along the coast line of Kelating.

### **Art of Bracelets and Necklaces**

Get the little ones creative in decorating bracelets and necklaces with colourful beads, something memorable to take home and show off to their friends at school.

### **Got an idea for an Adventure?**

Let us know if you have a great idea for the little ones day out. Our staff and guides will help you arrange for your little ones' journey to make the best out of your stay with us.